



annapolis

recreation & parks

Healthy Living Starts Here.

Community Fun Day for National Park and Recreation Month
Saturday, July 15, 2023 - all events and admissions are FREE on this day only!
All memberships are 15% off on Saturday, July 15, 2023 only!

EVENT SCHEDULE: TIMES AND ACTIVITIES ARE SUBJECT TO CHANGE

"Pip" Moyer Recreation Center (PMRC)

10:00-2:00:

- Soccer Shots program (Collison Field outfield)
- Wild Bird Introduction by Raptor's Eye - exact time TBD (Collison Field infield)
- Tennis Clinics with Anne Arundel Tennis Alliance (Tennis Courts 5-8)
- Pickleball Play & Instruction by Annapolis and Eastport Pickleball Club (Pickleball Courts 1-6)
- Soccer Skills Clinic with Latino Soccer League (Bates Upper Aux Field)
- Volleyball with Chesapeake Elite (PMRC Court 1, inside)
- Medieval Longsword demonstration with Mid-Atlantic Society for Historic Swordsmanship
- Cycling Intros on new bikes (30 min sessions between (PMRC Indoor Track corner)
- Open Climb at Rock Wall (PMRC Rock Wall)
- Cooling Center offered by Office of Emergency Management (PMRC Meeting Room 3)
- Food and Refreshments—hot dogs, hamburgers & more (PMRC Amphitheater, outside)

10:00-10:45:

- Basketball Clinics (PMRC Court 2, inside)

10:00-11:00:

- Ultimate Frisbee with Peak Social (Griscom Field 1)
- Baseball Batting Practice (Griscom Field 2)
- Watershed Runoff Demo by Severn River Association (PMRC Meeting Room 1&2)

10:00-11:30:

- Three Point/Free Throw Competition (Callahan Court 1, outside)
- Running with Annapolis Striders (Bates Panther Stadium)

10:00-12:00:

- Free open swim with raffles, magic tricks and hopscotch (Dunn Municipal Pool)
- Pickleball Open Play (PMRC Court 3, inside)

10:30-11:30:

- Cardio Dance Mix class (PMRC Studio A)
- Contemporary Jazz Dance (PMRC Studio B)

11:00-11:45:

- Basketball Clinics (PMRC Court 2, inside)

11:00-12:30:

- Flag Football with Peake Social (Griscom Field 1)

11:00-1:00:

- Herb (Basil or Mint) Planting (Griscom Field Picnic Table) - while supplies last



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11:15-12:15:

- Softball Batting Practice (Griscom Field 2)

11:30-12:30:

- One Mile Fun Run with Annapolis Striders (Bates Panther Stadium)

12:00-12:30:

- Feel the Burn Fitness Class (PMRC Studio A)

12:00-1:00:

- Watershed Runoff Demo by Severn River Association (PMRC Meeting Room 1&2)

12:00-2:00:

- Table Tennis with Bay Area Table Tennis (PMRC Court 3, inside)

12:15-1:15:

- Basketball Skills Camp (Callahan Court 1, outside)

12:30-1:15:

- Basketball Clinics (PMRC Court 2, inside)

12:30-1:30:

- Contemporary Jazz Dance (PMRC Studio B)

12:30-2:00:

- Spike Ball/Kickball Games with Peak Social (Griscom Field 1)

12:30-2:30:

- FREE Open Swim with raffles, magic tricks and hopscotch (Dunn Municipal Pool)

12:45-1:15:

- Cardio Dance Mix (PMRC Studio A)

12:45-2:00:

- Home Run Derby (Griscom Field 2)

1:30-2:00:

- Zumba Toning (PMRC Studio A)

2:15-2:45:

- Chair One Fitness (PMRC Studio A)

3:00-3:30:

- Barre (PMRC Studio A)

3:45-4:15:

- Yoga (PMRC Studio A)